Lesson 7: Sacraments of Initiation

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<th>Day</th>
<th>Goal of Teaching, Notes and Activities</th>
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<td>Wed., Jan. 13th, 2021</td>
<td><strong>Baptism</strong>&lt;br&gt;<strong>Goal:</strong> The kids will learn that through Baptism we become members of the Church, the Body of Christ. As well to recognize the signs and symbols we use for the sacrament of baptism.&lt;br&gt;<strong>Notes:</strong>&lt;br&gt;➢ The origin and foundation of Christian Baptism is Jesus. Before starting his public ministry, Jesus submitted himself to the baptism given by John the Baptist. The waters did not purify him; he cleansed the waters…. Jesus did not need to be baptized because he was totally faithful to the will of his Father and free from sin. However, he wanted to show his solidarity with human beings in order to reconcile them to the Father. By commanding his disciples to baptize all nations, he established the means by which people would die to sin – Original and actual – and begin to live a new life with God.&lt;br&gt;➢ In Baptism, the Holy Spirit moves us to answer Christ's call to holiness. In Baptism, we are asked to walk by the light of Christ and to trust in his wisdom. We are invited to submit our hearts to Christ with ever deeper love.&lt;br&gt;➢ Baptism makes us “members of one another.”&lt;br&gt;➢ Baptism reveals the equality and dignity of each member of the community.&lt;br&gt;➢ Baptism requires us to reject sin and re-assess our values, decisions, and lifestyles.&lt;br&gt;➢ In Baptism, we profess our commitment to the Church’s beliefs, values, and vision.&lt;br&gt;➢ Baptism invites us to a vocation of holiness and the practice of charity.&lt;br&gt;➢ Baptism incorporates us into the life, Death, and Resurrection of Christ and the ongoing work of the Holy Spirit in the world.&lt;br&gt;➢ Baptism leads us to imitate Christ’s example.&lt;br&gt;➢ Baptism makes us disciples to the world.&lt;br&gt;➢ Baptism calls us to live in the world, seeking the Kingdom in our daily lives.&lt;br&gt;➢ The baptized are to live as lights in the darkness.&lt;br&gt;➢ <a href="#">Baptism Handout</a>&lt;br&gt;➢ <a href="#">A Mother’s Reflection on Liturgy: Word, Sign, Symbol, Ritual</a>&lt;br&gt;➢ <a href="#">Sacrament of Baptism</a>&lt;br&gt;➢ <a href="#">Episode 5: Sacrament of Baptism</a>&lt;br&gt;➢ <a href="#">What is the Sacrament of Baptism</a></td>
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<td>Activities:</td>
<td>➢ Ask your parents to show you your Baptism certificate, take a good look and look at the date you were baptized, that date was the date of your birth to a new life.&lt;br&gt;➢ Check the Baptism Certificated and see who your godparents are. Do you have contact with them? If not, you can start to have contact with them.&lt;br&gt;➢ For the day of the celebration of the Easter Vigil we will have a celebration</td>
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of some sacraments, some people will receive the sacraments of initiation, most of them adults who study in RCIA, Rite of Christian Initiation for Adults. Write a letter to them wishing the best now that they will receive their sacraments very soon and give it to your CCE teacher, or to Father José so that they can deliver it to them.

### Wednesday, January 20th, 2021

**Confirmation**

**Goal:**
The children will understand that through the Sacrament of Confirmation we become more committed to the mission of the Church and we say yes again to the Lord. In addition, we receive the gifts of the Holy Spirit.

**Notes:**
- The Sacrament of Confirmation confirms our relationship with God and with the Church that he founded.
- By imposition of the Bishop’s hands, we receive the Sacrament of Confirmation, only on very extraordinary occasions a priest can celebrate this sacrament.
- We receive the 7 gifts of the Holy Spirit: Wisdom, understanding, counsel, fortitude, knowledge, piety, and the fear of God.
- The gifts of the Holy Spirit strengthen our lives to proclaim the Gospel.
- As in baptism, we can only receive the Sacrament of Confirmation once.
- Through baptism we are reborn and become adopted children of God, with Confirmation we are sealed with the Holy Spirit.
- Upon receiving Confirmation, we commit ourselves to God and his Church to continue proclaiming the Catholic faith, and to defend it from anyone who attempts to desecrate it.
- Remember that the Sacrament of Confirmation is not graduation from the Catholic Church, it is a commitment.
- [The Sacrament of Confirmation](#)
- [Confirmation: Catholic Central](#)

**Activities:**
- For the Sacrament of Confirmation, you need to use a new name, for example, the name of a Saint. Look up the stories of different saints and read some of those stories.
- Choose a name of a saint with whom you identify, it may be that this is your name for the day of Confirmation.
- [How Do You Become a Saint?](#)

### Wednesday, January 27th, 2021

**Eucharist**

**Goal:**
The children will understand the importance of the Sacrament of the Eucharist, as well as the real presence of Jesus in the consecrated bread and wine. In addition to the advantages of receiving the Body of Christ.

**Notes:**
- The holy Eucharist completes Christian initiation. Those who have been raised to the dignity of the royal priesthood by Baptism and configured more deeply to Christ by Confirmation participate with the whole community in the Lord's own sacrifice by means of the Eucharist.
- At the Last Supper, on the night he was betrayed, our Savior instituted the Eucharistic sacrifice of his Body and Blood. This he did in order to
perpetuate the sacrifice of the cross throughout the ages until he should come again, and so to entrust to his beloved Spouse, the Church, a memorial of his death and resurrection: a sacrament of love, a sign of unity, a bond of charity, a Paschal banquet 'in which Christ is consumed, the mind is filled with grace, and a pledge of future glory is given to us.'"

- The Eucharist is "the source and summit of the Christian life." "The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch."

- "The Eucharist is the efficacious sign and sublime cause of that communion in the divine life and that unity of the People of God by which the Church is kept in being. It is the culmination both of God's action sanctifying the world in Christ and of the worship men offer to Christ and through him to the Father in the Holy Spirit."

- Finally, by the Eucharistic celebration we already unite ourselves with the heavenly liturgy and anticipate eternal life when God will be all in all.

- In brief, the Eucharist is the sum and summary of our faith: "Our way of thinking is attuned to the Eucharist, and the Eucharist in turn confirms our way of thinking."

- Eucharist 101: Catholic Central
- What is the Eucharist?
- Miracle of the Eucharist
- Child's Guide to First Holy Communion

Activities:

- Think how many times you have received communion without preparing yourself. Remember that we have to prepare ourselves to receive Jesus.
- If you have already received your first communion, prepare yourself also to receive the Sacrament of Reconciliation. You can make an appointment with Father José to go to confession.
- When you go to Mass, remember that when you receive communion you are receiving Jesus himself. And for that you must be prepare.